



ALL DAY MENU

soups & salads

salmon chowder | 12/16

cream chowder loaded with salmon and vegetables.
made fresh to order & served with garlic toast.
half size or full order.

garden salad | 15/19

mixed greens, fresh vegetables, toasted almonds, feta cheese & dried cranberries with our house orange maple balsamic vinaigrette.
half size or full order.

caesar salad | 15/19

crispy romaine lettuce with croutons, parmesan, fried capers, bacon & house dressing.
half size or full order.

beet salad | 15/19

mixed greens with beets, candied pecans & goat cheese drizzled with our house dressing.
half size or full order.

to any salad add:

grilled chicken breast | 8

fillet of wild salmon or 6oz steak | 13

smoked tofu | 6

avocado | 3

garlic toast | 2

fried, dipped & shared

basket of wings | 18

house hot, sweet chili, bbq, honey hot, honey garlic, lemon pepper, soy ginger or s & p. with vegetable sticks & ranch.

cauliflower bites | 16

crispy panko fried fritters with a side of any wing sauce flavour, vegetable sticks & ranch.

poutine | 12/16

fries, real cheese curds, house gravy & green onions.
small or large order.

add a fried egg | 1.5

add bacon | 2

add pulled pork | 8

jalapeño popper dip | 18

with house fried tortilla chips.

fries, onion rings or sweet potato fries | 12

with your choice of ranch dip, chipotle mayo, or garlic mayo.
side of gravy | 3

sandwiches & more

classic blt | 16

bacon, lettuce, tomato & garlic mayo on toasted white or whole wheat texas toast.

triple J club-house wrap | 21

roasted chicken breast, crispy bacon, cheddar, lettuce, tomato & garlic mayo.

bourbon reuben | 23

smoked meat, apple jack aioli, swiss cheese, pickle & sauerkraut on grilled marble rye.

pulled pork sandwich | 23

house pulled pork shoulder in bbq sauce, coleslaw & a pickle on a brioche bun.

steak sandwich | 26

6oz sirloin steak, charbroiled & topped with caramelized onions, crispy onions & sautéed mushrooms with roasted shallot aioli.

num pang | 22

coconut shrimp, pickled carrots & cabbage, greens & chipotle mayo on a brioche bun.

fish & chips | 22

yukon gold beer battered cod with coleslaw & peppercorn tartar sauce.

chicken fingers & fries | 18

buffalo style | 1
add a side of ranch | 1

all sandwiches and more meals are served with fries or garden salad.

**onion rings, caesar salad, beet salad, sweet potato fries or poutine
available substitutes at additional cost for sandwiches.**

fresh vegetable noodle bowl | 18

cold smoked tofu, spiced yam, edamame & mixed vegetables on rice noodles with your choice of soy ginger sauce or spicy thai peanut sauce.

substitute grilled chicken breast | 3

spicy thai green curry | 24

chicken & seasonal vegetables in a green curry made with coconut milk on rice, with lime, cilantro wonton crisps. Substitute tofu at no extra cost.

substitute prawns | 6
add smoked tofu | 6
add prawns | 12

burgers

triple J burger | 21

your choice of marinated grilled chicken breast or house made beef patty with house seasoning & served on a ciabatta bun.

all burgers topped with lettuce, tomato, red onion, pickle & roasted garlic mayo.



build **bigger** burgers

add your choice:

cheddar | swiss | mozza | 1.5
crispy or caramelized onions | 1.5
fried egg | fried mushrooms | jalapeno | 1.5
bacon | avocado | 2
extra beef patty | 6

avocado chicken burger | 24

grilled & topped with goat cheese, tomato, red onion, pickle, avocado & lettuce.
add bacon | 2

crispy chicken burger | 24

marinated chicken breast, breaded & fried, topped with mozzarella, ranch dressing, lettuce, tomato, pickle & red onion.
buffalo style tossed in our house hot sauce | 1

chickpea burger | 21

panko crusted, fried spiced chickpea patty topped with shredded carrots, pickled onion, greens, cucumber & tzatziki on ciabatta.

wild salmon burger | 29

topped with greens, tomato, pickled red onion & caper aioli.

all burgers are served with fries or garden salad.

**onion rings, caesar salad, beet salad, sweet potato fries or poutine
available substitutes at additional cost for all burgers.**

dessert

carrot cake | 12

house-made with rich cream cheese icing.

chocolate fudge cake | 12

house-made gluten-free rich cake
served with dulce de leche & berry compote.

chimi changa cheesecake | 14

deep-fried tortilla wrapped cheesecake
rolled in cinnamon sugar, with dulce de leche,
berry compote & whipped cream.

make any dessert a la mode | 2

beverages

domestic beer | 6

alexander keith's, belgian moon wheat,
budweiser, bud light, canadian, coors light,
kokanee, labatt's blue, pilsner.

premium tall cans & bottles | 9

driftwood fat tug,
stranded sun lemon lavender radler,
steigl grapefruit radler,
winterlong mountain hero,
winterlong sinister rouge,
winterlong weekend warrior.

imported beer | 8

corona, guinness, heineken,
kilkenney, pacifico, peroni,
royal jamaican ginger beer,
sapporo, stella artois.

ciders & coolers | 7

hey y'all iced tea, lone tree dry apple cider,
lone tree ginger apple cider,
okanagan pear cider,
strongbow apple cider.

draft beer

yukon gold - pale ale
winterlong pingo - pale ale
glass | 5 ~ pint | 7 ~ pitcher | 25

white wine

coppermoon chardonnay (canada)
glass | 7 ~ 1/2 litre | 19

villa teresa organic pinot grigio (italy)
glass | 11 ~ 1/2 litre | 30 ~ bottle | 40

stoneleigh sauvignon blanc (new zealand)
glass | 11 ~ 1/2 litre | 30 ~ bottle | 40

oyster bay chardonnay (new zealand)
glass | 11 ~ 1/2 litre | 30 ~ bottle | 40

red wine

coppermoon cabernet sauvignon (canada)
glass | 7 ~ 1/2 litre | 19

fat bastard syrah (france)
glass | 11 ~ 1/2 litre | 30 ~ bottle | 40

bosquet organic malbec (argentina)
glass | 11 ~ 1/2 litre | 30 ~ bottle | 40

la petit perriere pinot noir (france)
glass | 11 ~ 1/2 litre | 30 ~ bottle | 40

sparkling

tread softly prosecco
glass | 11 ~ bottle | 40

non-alcoholic | 6

clever mojito, corona sunbrew,
lonetree cider, royal jamaican ginger beer.

coffee or tea | 2.50
juices | 3.00
soft drinks | 3.00

